

○ MUSIC  city COUNSELOR

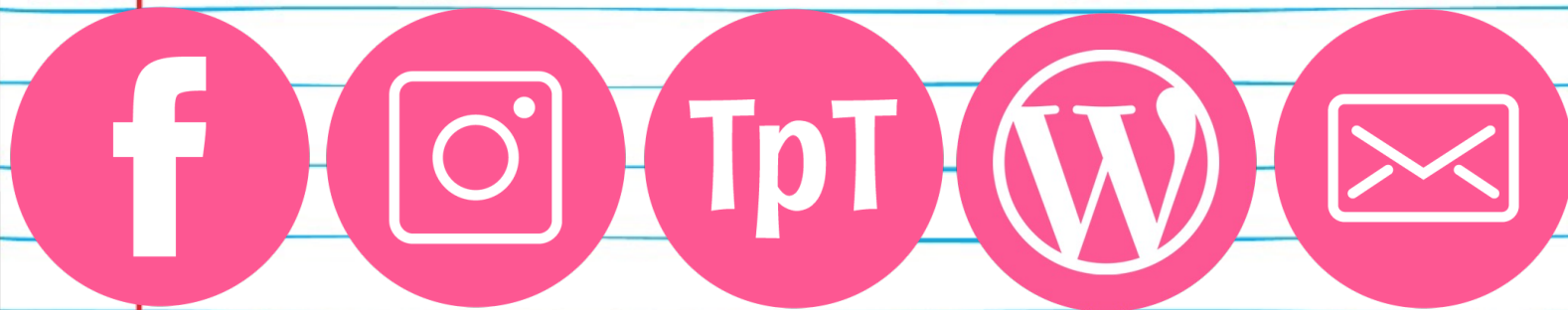
THANK YOU FOR YOUR
PURCHASE!



Hey y'all, Laura here! I so appreciate when you please take a moment to leave a review on my resources on my TpT Store. Thanks for your support! Enjoy the resource!

♥ *laura oathout*

LET'S CONNECT!



For helpful ideas, engaging resources, and freebies, please check out my website and membership!

○ ♥ **WEBSITE:** www.musiccitycounselor.com

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ASCA MINDSETS & BEHAVIORS:

Category 1: Mindset Standards

- M2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment

Category 2: Behavior Standards

- B-SMS 1. Responsibility for self and actions
- B-SMS 2. Self-discipline and self-control
- B-SMS 7. Effective coping skills
- B-SS 1. Effective oral and written communication skills and listening skills
- B-SS 2: Positive, respectful, and supportive relationship with students who are similar to and different from them
- B-SS 9: Social maturity and behaviors appropriate to the situation and environment

DIRECTIONS PAGE 1:

This lesson will take approximately 45 minutes to complete.

Materials Needed:

- Printed materials
- Scissors
- Crayons or markers
- Pencils
- Hook-and-loop fastener dots
- Glue sticks

Recommended Sequence:

1. Review the PowerPoint or digital for Google Slides™ presentation.
2. Review the instructional posters.
3. Complete the interactive activity with students.
4. Complete a worksheet of your choice.

Presentation:

Both a PowerPoint and digital for Google Slides™ presentation are included.

This presentation teaches students how to make a genuine and heartfelt apology. Just like we use 3 snowballs to build a snowman, we follow 3 steps to make an apology. Each snowball represents one of the 3 steps:

- **Step 1 (base):** Share what you did wrong ("I'm sorry that I...")
- **Step 2 (middle):** Share why your choice was hurtful ("I see that I...")
- **Step 3 (head):** Say what you'll do differently next time ("Next time I'll...")

The presentation first teaches students why we apologize. Then, it teaches the 3-step apology process. Next, the presentation offers 5 examples for practice.

In the practice questions, a blank snowman is included first so that students can practice forming their apology. Please ask students to raise their hand and share an apology for that scenario using the 3-step method. The next slide shows a "correct" example of an apology. The last slide asks students to "Turn and Talk" with a neighbor about how they can use Snowman Apologies in their own lives.

DIRECTIONS PAGE 2:

Instructional Posters:

4 instructional posters are included that explain the 3 steps in making a Snowman Apology. Please use these in instruction and display them in your space to remind students of this process.

Interactive Activity:

This interactive activity lets students practice using the 3-step Snowman Apology method. You may choose to play this game with a whole classroom of students on a projector or smart board, with a small group of students, in centers, or with an individual student. **To set up the activity**, please cut out the 3 snowballs and all of the cards. You may choose to use hook-and-loop fastener dots so that students can easily attach and reattach the cards to the snowman. If you'd like to use them, please place one side of the hook-and-loop fastener dot inside of the colored rectangle on each snowball, and the other side of the hook-and-loop fastener dot on the back of each card. **To play**, please assemble the snowman with the base at the bottom (Step 1), the middle piece in the middle (Step 2) and the head at the top (Step 3). You may choose to glue him together. Please lay the Step 1 turquoise cards on the table in one section, the Step 2 yellow cards on the table in another section, and the Step 3 purple cards on the table in another section. Students can first choose a Step 1 card and explain what they see happening on the card. Then, they can place it on the turquoise rectangle on the Step 1 snowball. Then, they can choose a Step 2 card that shows how they would feel in that situation and place it on the yellow rectangle on the Step 2 snowball. Next, they can choose a Step 3 card that goes along with the Step 1 card/shows a resolution to the scenario on the Step 1 card and place it on the purple rectangle on the Step 3 snowball. Once they have placed all 3 cards, students can use the Snowman Apology method to read the apology that they formed out loud. For example, they may say, "I'm sorry that I left you out of the game. I see that I made you feel sad. Next time I will include you." Please see the **sample** on the next page!

Worksheets:

A total of **6 worksheets** are included in full color and black/white.

Questions, comments, or suggestions? Please contact me any time at laura@musiccitycounselor.com. I'm here to help! ☺

PS Please take a moment to **leave a review** on this resource on my TpT store!

INTERACTIVE ACTIVITY SAMPLE

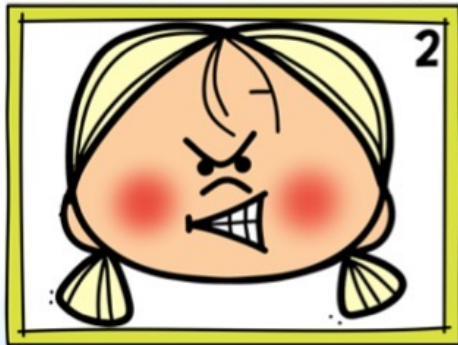
STEP 3:

"Next time I'll..."



STEP 2:

"I see that I..."



STEP 1:

"I'm sorry that I..."



"I'm sorry that I took away your teddy bear. I see that I made you feel angry. Next time I will ask for a turn."

INTERACTIVE ACTIVITY SAMPLE



POSTERS

STEP 3:

Share what you'll
do differently next
time.

"Next time I'll..."

STEP 2:

Share why your
choice was hurtful.

"I see that I..."

STEP 1:

Say what you did
wrong.

"I'm sorry that I..."

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SNOWMAN APOLOGY

A cartoon illustration of a young girl with brown skin, wearing a yellow beanie, a red jacket, blue pants, and blue boots. She has a braid and is smiling while holding a large, light blue snowball. Inside the snowball is the text 'STEP 1: Say what you did wrong. "I'm sorry that I..."'. The background shows a snowy landscape with green trees and falling snowflakes.

STEP 1:
Say what you
did wrong.
"I'm sorry
that I..."

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SNOWMAN APOLOGY



STEP 2:
Share why your
choice was hurtful.
"I see that I..."

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SNOWMAN APOLOGY



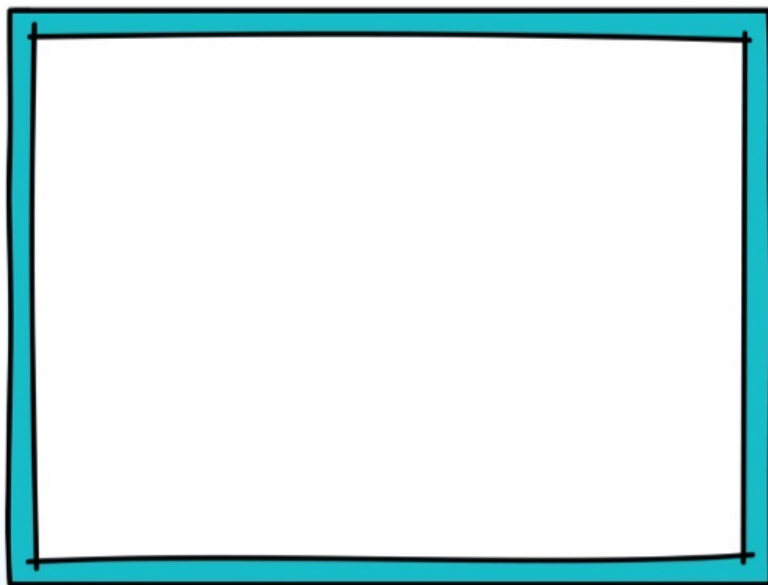
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SNOWMAN APOLOGY

INTERACTIVE ACTIVITY

STEP 1:

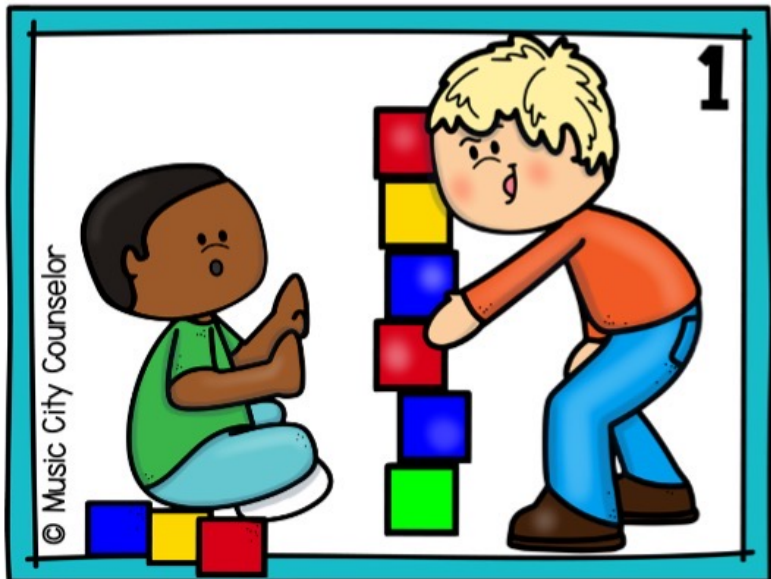
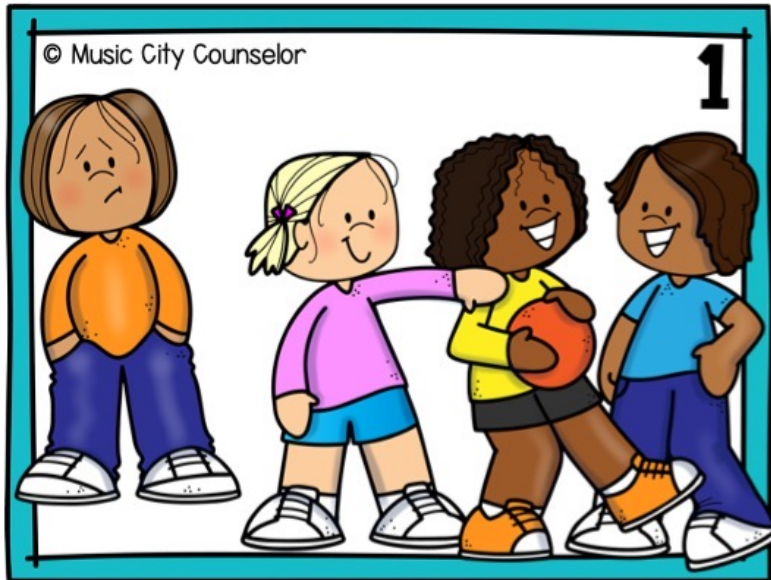
"I'm sorry that I..."



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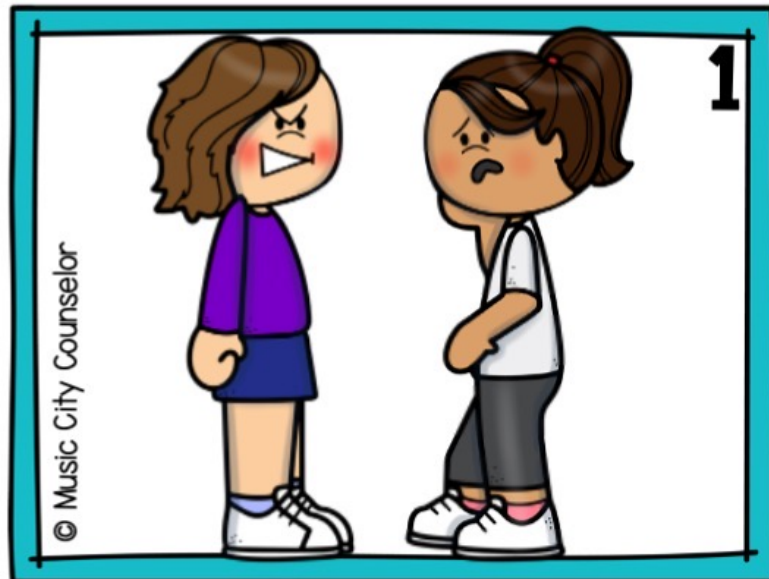
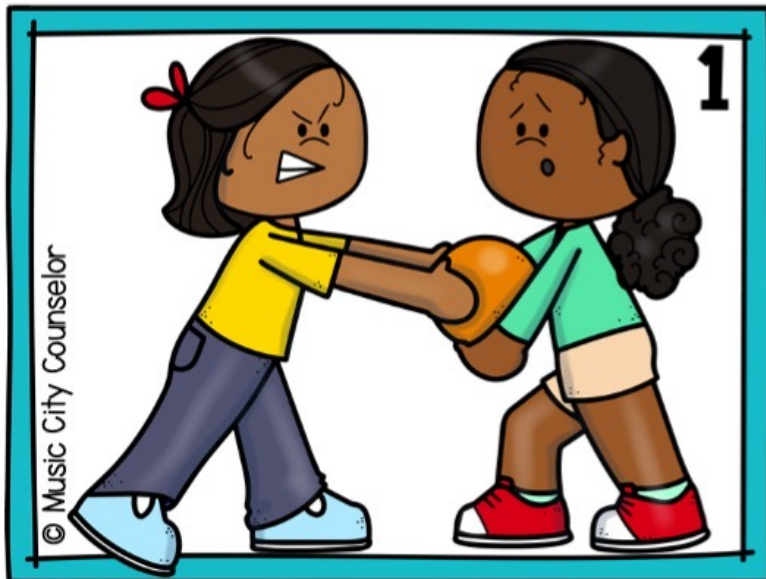
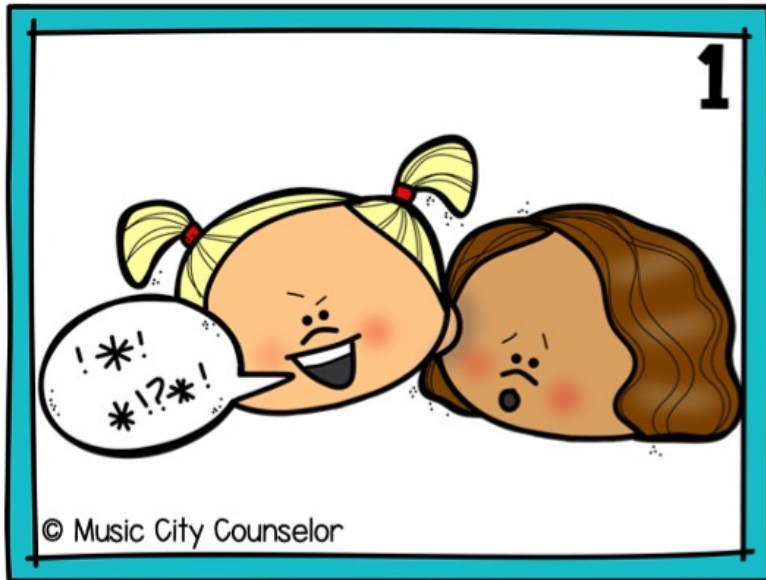
STEP 1:

"I'm sorry that I..."



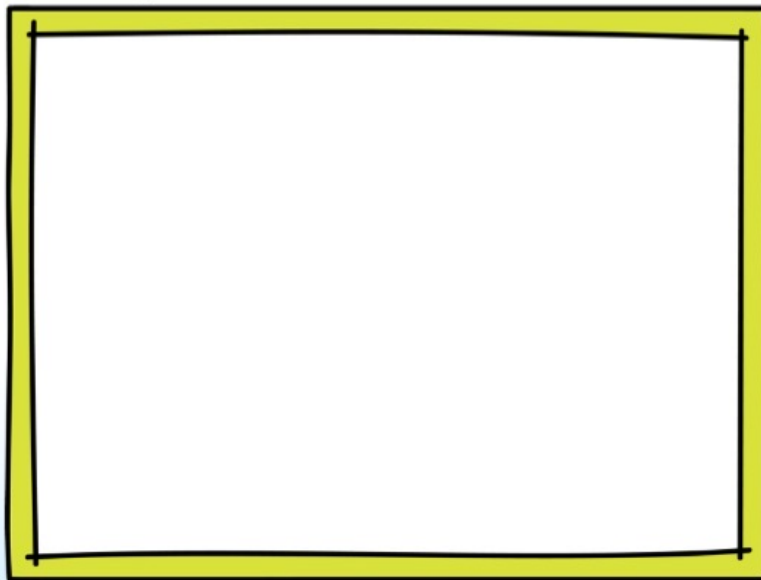
STEP 1:

"I'm sorry that I..."



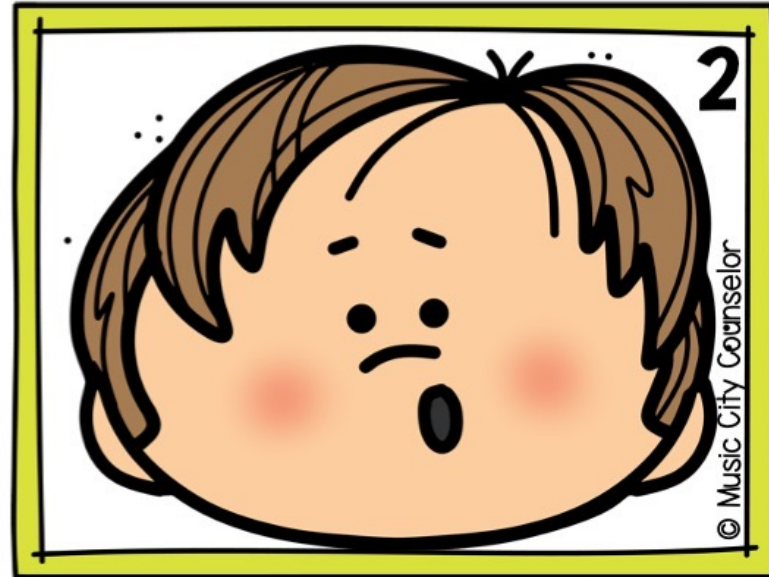
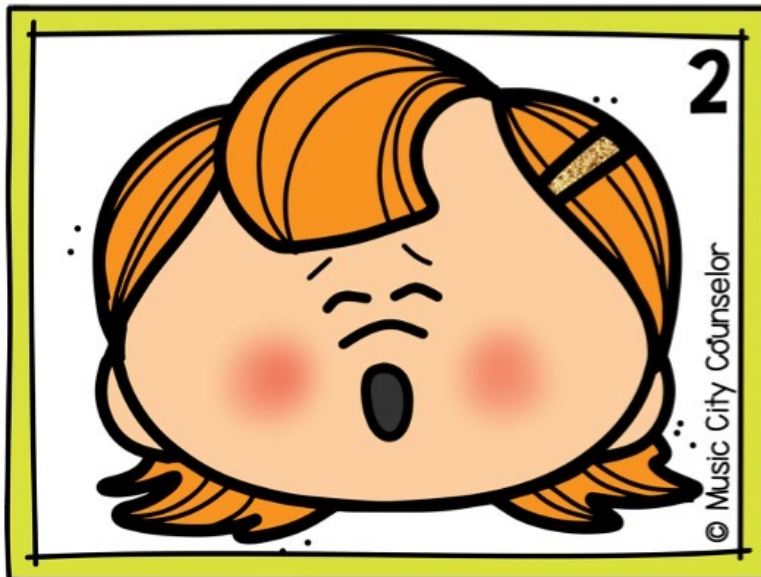
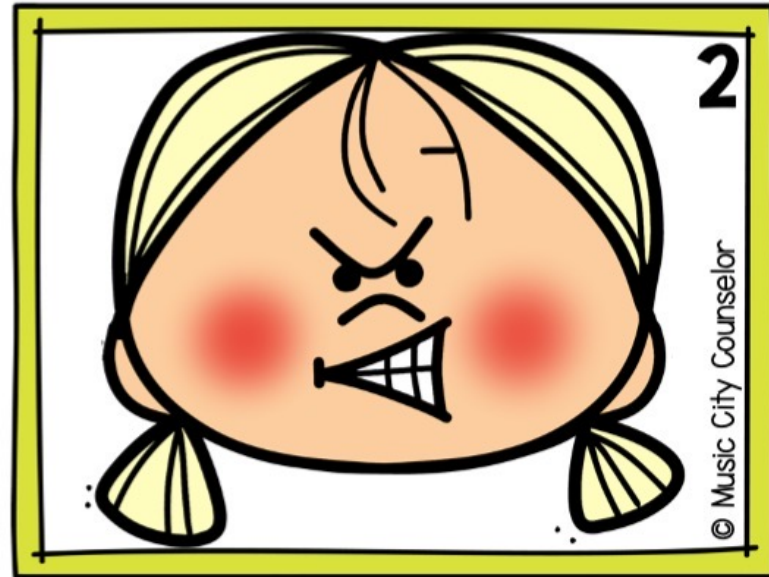
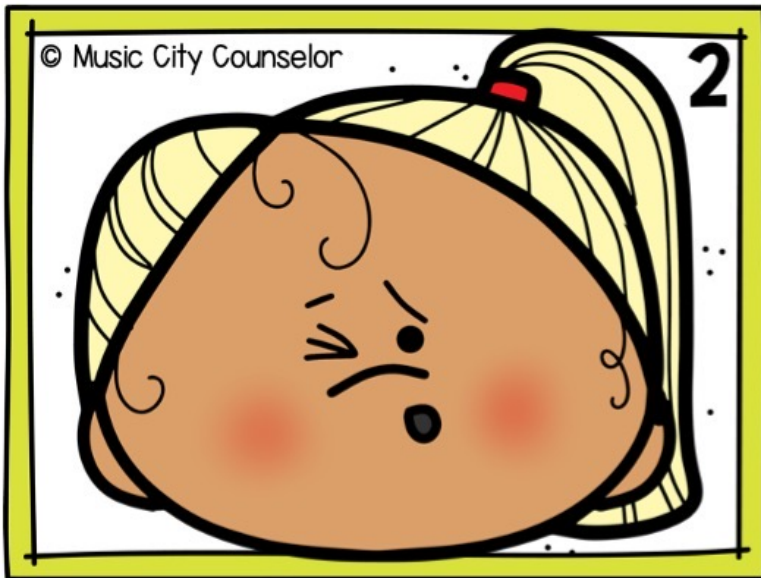
STEP 2:

“I see that I made
you feel...”



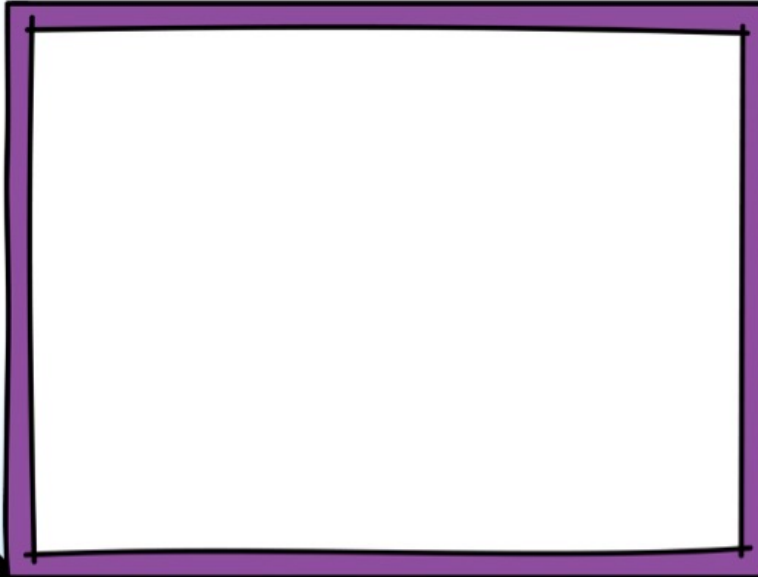
STEP 2:

"I see that I made you feel..."



STEP 3:

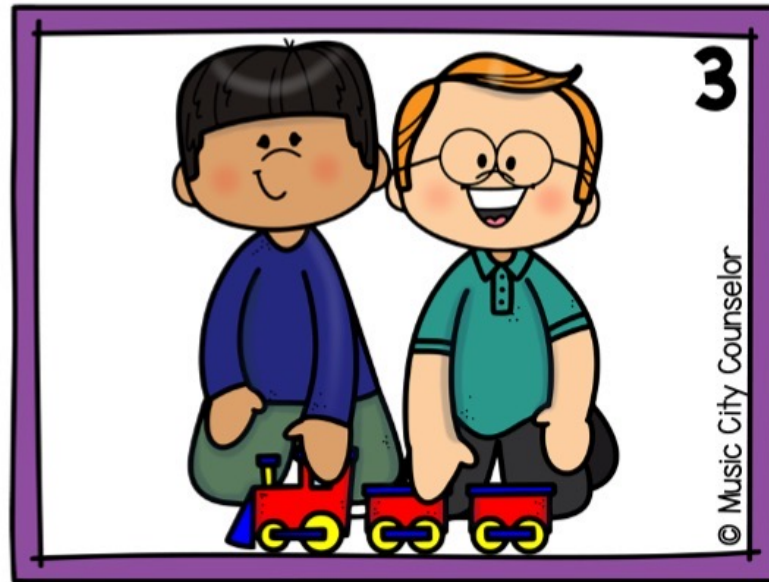
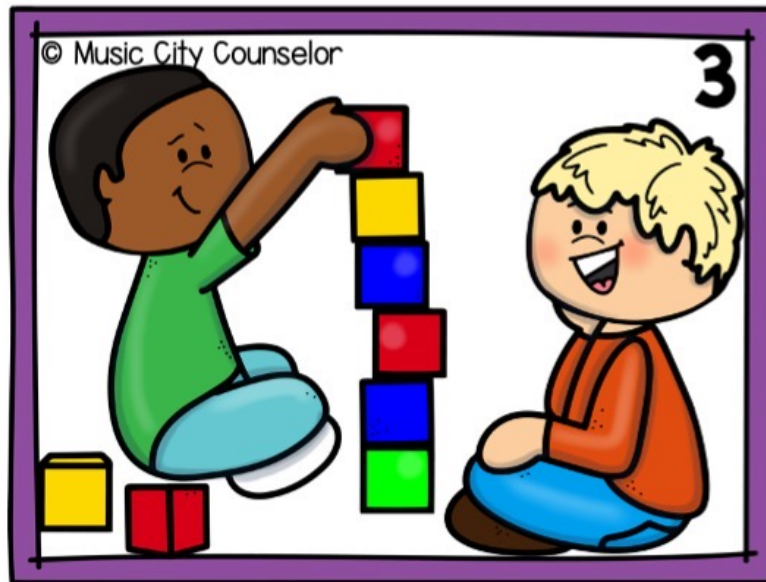
"Next time I'll..."



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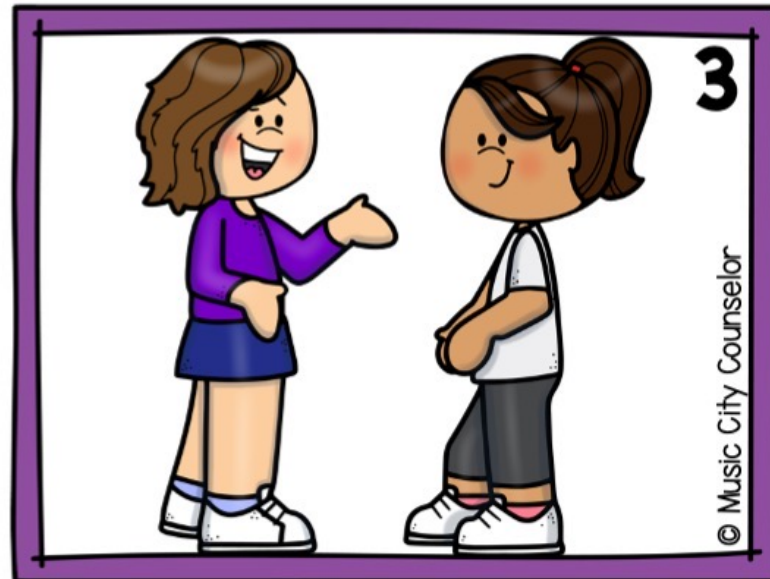
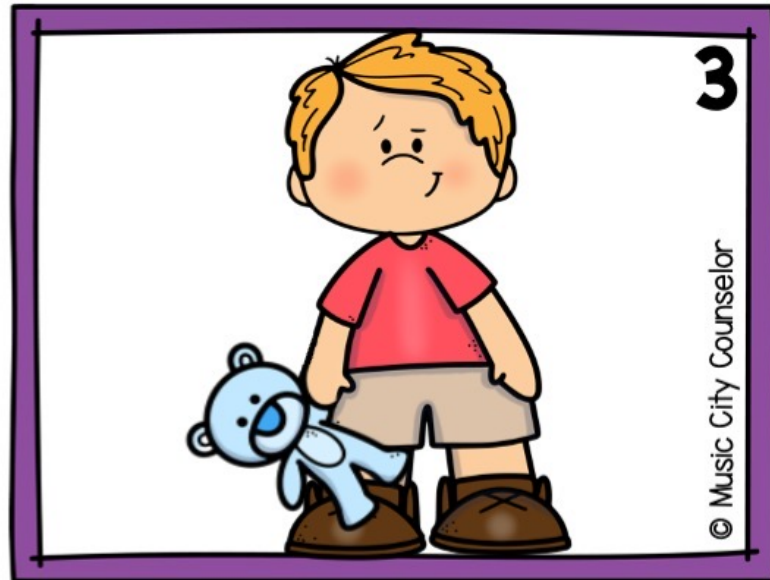
STEP 3:

"Next time I'll..."



STEP 3:

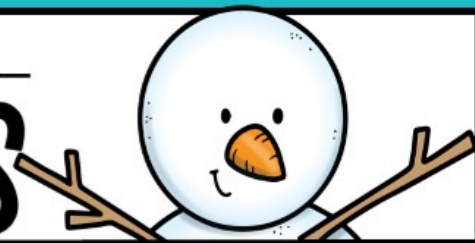
"Next time I'll..."



WORKSHEETS

Name: _____

SNOWMAN APOLOGIES



Write a heartfelt apology to resolve each of these problems.



I'm sorry that I:

I see that I:

Next time I will:



I'm sorry that I:

I see that I:

Next time I will:



I'm sorry that I:

I see that I:

Next time I will:



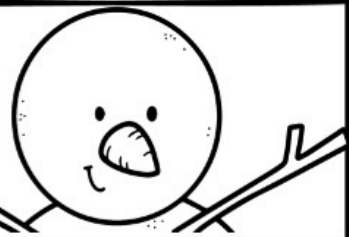
I'm sorry that I:

I see that I:

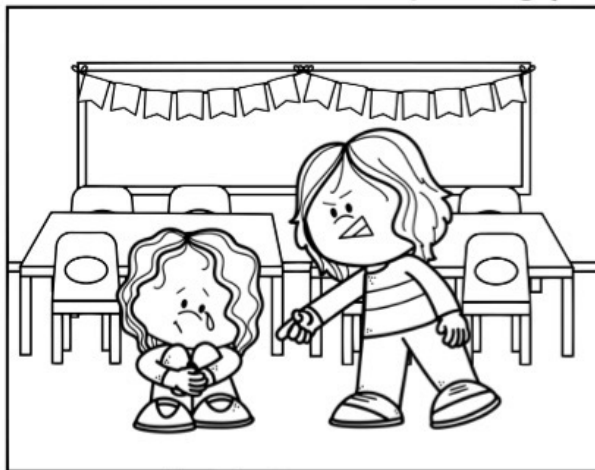
Next time I will:

Name: _____

SNOWMAN APOLOGIES



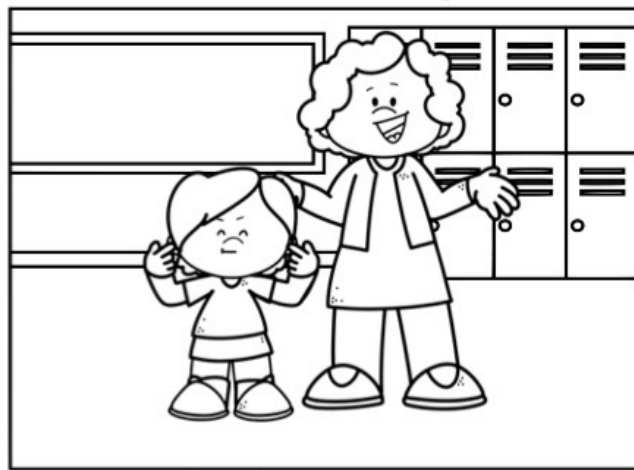
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I'm sorry that I:

I see that I:

Next time I will:



I'm sorry that I:

I see that I:

Next time I will:



I'm sorry that I:

I see that I:

Next time I will:



I'm sorry that I:

I see that I:

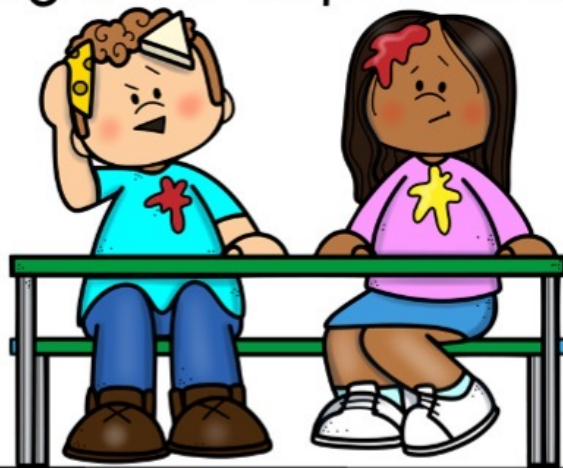
Next time I will:

Name: _____

SNOWMAN APOLOGY

Write an apology using the 3 steps below.

James threw food
on Juanita at lunch.



1) Share what you did wrong.
I'm sorry that I...



2) Share why your choice was hurtful.
I see that I...



3) Say what you'll do differently next time.
Next time I will...

Name: _____

SNOWMAN APOLOGY

Write an apology using the 3 steps below.

Roan ran into Carlos
in the hallway.



1) Share what you did wrong.
I'm sorry that I...



2) Share why your choice was hurtful.
I see that I...



3) Say what you'll do differently next time.
Next time I will...

Name: _____

SNOWMAN APOLOGY

Write an apology using the 3 steps below.

Niles played too rough at center time.



1) Share what you did wrong.
I'm sorry that I...



2) Share why your choice was hurtful.
I see that I...



3) Say what you'll do differently next time.
Next time I will...

Name: _____

SNOWMAN APOLOGY

Write an apology using the 3 steps below.

Katie ignored Ja'Kya when she was talking to her.



1) Share what you did wrong.
I'm sorry that I...



2) Share why your choice was hurtful.
I see that I...



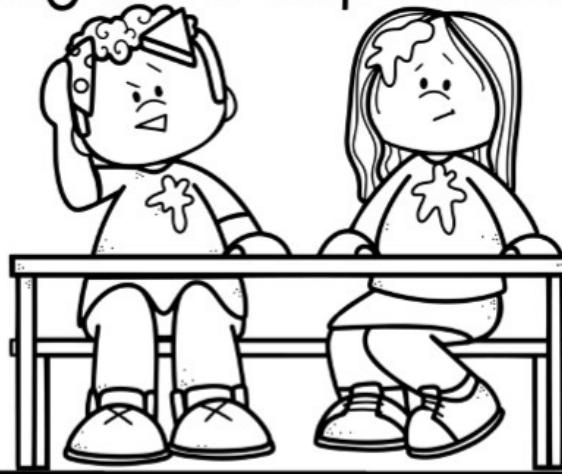
3) Say what you'll do differently next time.
Next time I will...

Name: _____

SNOWMAN APOLOGY

Write an apology using the 3 steps below.

James threw food
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1) Share what you did wrong.
I'm sorry that I...



2) Share why your choice was hurtful.
I see that I...



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Next time I will...

Name: _____

SNOWMAN APOLOGY

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Katie ignored Ja'Kya
when she was
talking to her.



1) Share what you did wrong.
I'm sorry that I...



2) Share why your choice was hurtful.
I see that I...

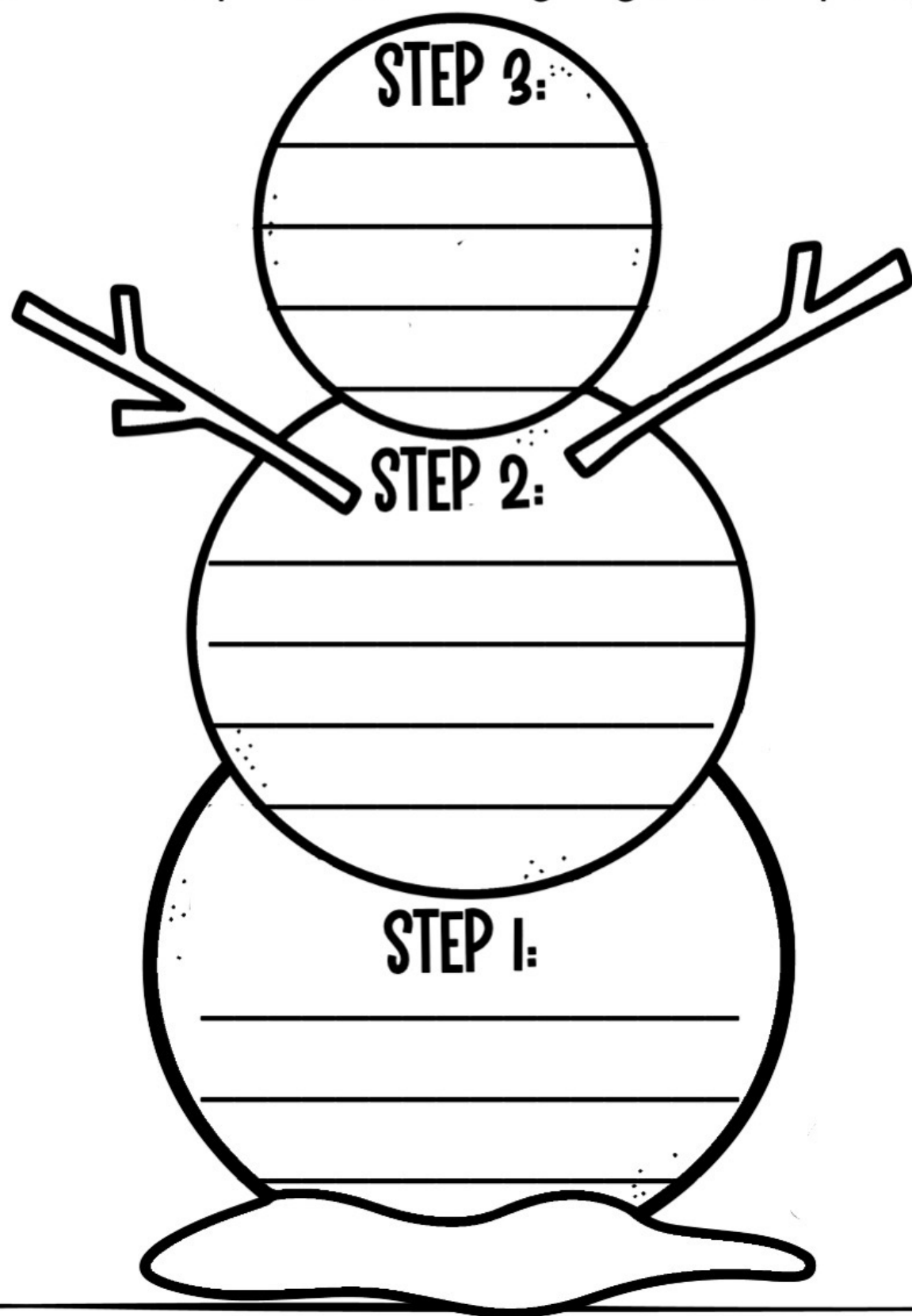


3) Say what you'll do differently next time.
Next time I will...

Name: _____

SNOWMAN APOLOGY

Think about a time when you made a mistake. Use the snowman to practice writing a genuine apology.



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